

Lump Removal

Foris Surgical Group, LLP

GENERAL

CONSIDERATIONS:

It is normal to see some bloody drainage on the dressing the day of surgery.

You may apply an ice pack over the bandage, 30 minutes on and then 30 minutes off, for comfort and reduction of swelling.

DIET:

Diet as desired unless otherwise instructed.

ACTIVITIES:

You may drive when you are no longer taking narcotics.

Follow any specific activity instructions given by your surgeon.

WOUND CARE:

Keep the bandage dry for 48 hours and then you may shower over the incision. If you have tape strips across the incision, leave these in place and shower over them. You may remove them after two weeks if desired or allow them to fall off.

It is not necessary to reapply a bandage. However, you may apply one if you desire to prevent irritation of sutures or staples.

Do not apply ointments or creams to the incision unless directed by your surgeon.

MEDICATIONS:

Take your narcotic pain medication, if prescribed, as directed. You may only require an over-the-counter pain medication such as Tylenol or Ibuprofen (Advil or Motrin) as directed.

CALL OUR OFFICE IF:

You develop a fever above 101.5F

You develop spreading redness around the incision extending one half inch or more.

You develop increased swelling and pain.

You saturate the bandage after the first dressing change.

FOLLOW UP:

Follow up in the office as instructed by your surgeon.

Finally, if you have any questions or concerns regarding your surgery or recuperation please DO NOT HESITATE to call our office --we are here to help in any way we can.

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